



Growing Part 1: Sow What?

“Grow in the grace and knowledge of our Lord and Savior Jesus Christ.”

2 Peter 3:18

“What a person plants, he will harvest.” Galatians 6:7 (MSG)

“We have not stopped praying for you and asking God to fill you with the knowledge of his will through all spiritual wisdom and understanding. And we pray this in order that you may live a life worthy of the Lord and may please him in every way: bearing fruit in every good work, growing in the knowledge of God, being strengthened with all power according to his glorious might so that you may have great endurance and patience, and joyfully giving thanks to the Father...” Colossians 1:9-12 (NIV)

“We ought always to thank God for you, brothers, and rightly so, because your faith is growing more and more, and the love every one of you has for each other is increasing.” 2 Thessalonians 1:3 (NIV)

God's word is vital to my spiritual growth.

“You have been born again, not of perishable seed, but of imperishable, through the living and enduring word of God.” 1 Peter 1:23 (NIV)

“They will be called oaks of righteousness, a planting of the Lord for the display of his splendor.” Isaiah 61:3 (NIV)



What do you want to grow in your life?

1. To grow success, sow hard work.

“The hardworking farmer should be the first to receive a share of the crops.” 2 Timothy 2:6 (NIV)

“All hard work brings a profit, but mere talk leads only to poverty.” Proverbs 14:23 (NIV)

2. To grow relationships, sow interest & time.

“A man who has friends must himself be friendly...” Proverbs 18:24 (NKJV)

“All the believers were together and had everything in common. Selling their possessions and goods, they gave to anyone as he had need. Every day they continued to meet together in the temple courts. They broke bread in their homes and ate together with glad and sincere hearts...” Acts 2:44-46 (NIV)

3. To grow physical health, sow to the body.

“Daniel resolved not to defile himself with the royal food and wine, and he asked the chief official for permission not to defile himself this way... ‘Please test your servants for ten days: Give us nothing but vegetables to eat and water to drink... At the end of the ten days they looked healthier and better nourished than any of the young men who ate the royal food.’” Daniel 1:8, 12, 15 (NIV)

“Physical training is good, but training for godliness is much better, promising benefits in this life and in the life to come.” 1 Timothy 4:8 (NLT)

4. To grow spiritually, sow to the Spirit.

“What a person plants, he will harvest. The person who plants selfishness, ignoring the needs of others—ignoring God!—harvests a crop of weeds. All he'll have to show for his life is weeds! But the one who plants in response to God, letting God's Spirit do the growth work in him, harvests a crop of real life, eternal life. So let's not allow ourselves to get fatigued doing good. At the right time we will harvest a good crop if we don't give up, or quit.” Galatians 6:7-10 (MSG)

My Growth Step:

- Spiritual** **Professional** **Emotional** **Physical**
 Other: _____

I want to begin sowing _____

“I am the vine; you are the branches. If a man remains in me and I in him, he will bear much fruit; apart from me you can do nothing.” John 15:5 (NIV)