



Facing Life With Confidence

“You will keep him in perfect peace
whose mind is stayed on You.”

Isaiah 26:3

“I have complete confidence, O God!”

Psalms 108:1

How to grow my confidence:

1. Be yourself.

(Paul) “By the grace of God I am what I am...” 1 Corinthians 15:10 (NIV)

“...Try to have a sane estimate of your capabilities by the light of the faith God has given you.”
Romans 12:3 (PH)

2. Do your best.

“Let everyone be sure that he is doing his very best, for then he will have the personal satisfaction of work well done, and won't need to compare himself with someone else.”
Galatians 6:4 (LB)

“Each one should be careful how he builds. For no one can lay any foundation other than the one already laid, which is Jesus Christ. If any man builds on this foundation using gold, silver, costly stones, wood, hay or straw, his work will be shown for what it is, because the Day will bring it to light.” 1 Corinthians 3:10-13 (NIV)

3. Don't compare.

“We do not dare to classify or compare ourselves...When they...compare themselves with themselves, they are not wise.” 2 Corinthians 10:12 (NIV)

(David) “I nearly lost my confidence...because I was jealous.” Psalm 73:2-3 (GN)

4. Choose friends wisely.

“Bad company corrupts good character.” 1 Corinthians 15:33 (NLT)

“You can be ruined by the talk of godless people.” Proverbs 11:9 (GN)

5. Make healthy life choices.

“The wisdom that comes from heaven is first of all pure; then peace-loving, considerate, submissive, full of mercy and good fruit, impartial and sincere. Peacemakers who sow in peace raise a harvest of righteousness.” James 3:17-18 (NIV)

6. Put my trust in God.

“Blessed is the man who trusts in the Lord and has made the Lord his hope and confidence. He is like a tree planted along a riverbank...not bothered by the heat, nor worried by long months of drought. It stays green and it goes on producing fruit.” Jeremiah 17:7-8 (LB)

“Now may God himself, the God of peace, make you pure, belonging only to him. May your whole self—spirit, soul, and body—be kept safe and without fault when our Lord Jesus Christ comes. You can trust the One who calls you to do that for you.”

1 Thessalonians 5:23-24 (NCV)