



## Confident Moms

“You will keep him in perfect peace  
whose mind is stayed on You.”

Isaiah 26:3

“Husbands, this means love your wives, just as Christ loved the church. He gave up his life for her to make her holy and clean, washed by the cleansing of God’s word. He did this to present her to himself as a glorious church without a spot or wrinkle or any other blemish. Instead, she will be holy and without fault. In the same way, husbands ought to love their wives as they love their own bodies. For a man who loves his wife actually shows love for himself...So again I say, each man must love his wife as he loves himself, and the wife must respect her husband.” Ephesians 5:25-28, 33 (NLT)

### How to give “Her” the gift of confidence:

#### 1. Submit \_\_\_\_\_

“Submit to one another out of reverence for Christ.” Ephesians 5:21 (NLT)

“...I love the Father and that I do exactly what my Father has commanded me.” John 14:31 (NIV)

“Now I want you to realize that the head of every man is Christ...” 1 Corinthians 11:3 (NIV)

#### 2. Set \_\_\_\_\_

“For husbands, this means love your wives, just as Christ loved the church.”  
Ephesians 5:25 (NLT)

“Each of you should look not only to your own interests, but also to the interests of others. Your attitude should be the same as that of Christ Jesus...” Philippians 2:4-5 (NIV)

#### 3. See \_\_\_\_\_

“He gave up his life for her to make her holy and clean.” Ephesians 5:25-26 (NLT)

“Be an example to all believers in what you say, in the way you live, in your love, your faith, and your purity.” 1 Timothy 4:12 (NLT)

“So encourage each other and build each other up, just as you are already doing.”  
1 Thessalonians 5:11 (NLT)

#### 4. Seek \_\_\_\_\_

“In the same way, husbands ought to love their wives as they love their own bodies.”  
Ephesians 5:28 (NLT)

“If you have any encouragement from being united with Christ, if any comfort from his love, if any fellowship with the Spirit, if any tenderness and compassion, then make my joy complete by being like-minded, having the same love, being one in spirit and purpose.”  
Philippians 2:1-2 (NIV)

#### 5. Step \_\_\_\_\_

“So again I say, each man must love his wife as he loves himself.”  
Ephesians 5:33 (NLT)

“So guard yourselves and God’s people. Feed and shepherd God’s flock—his church, purchased with his own blood—over which the Holy Spirit has appointed you as elders.”  
Acts 20:28 (NLT)

“You yourself must be an example to them by doing good works of every kind. Let everything you do reflect the integrity and seriousness of your teaching.” Titus 2:7 (NLT)

#### How do I do this? \_\_\_\_\_

“May God, who gives this patience and encouragement, help you live in complete harmony with each other, as is fitting for followers of Christ Jesus.” Romans 15:5 (NLT)