



How to Increase My Confidence

**“You will keep him in perfect peace
whose mind is stayed on You.”
Isaiah 26:3**

Three sources of unreliable self-confidence:

1. Appearance

“Charm can be deceptive and beauty doesn’t last...” Proverbs 31:30 (LB)

2. Assets

“Confidence placed in riches comes to nothing.” Proverbs 11:7 (GN)

“I owned more livestock than anyone else...I also piled up silver and gold...it was all meaningless.” Ecclesiastes 2:7-8

3. Achievements

“I became greater by far than anyone in Jerusalem before me...Yet when I surveyed all... I had toiled to achieve, everything was meaningless.” Ecclesiastes 2:9-11 (NIV)

“For what men think is of great value is worth nothing in God’s sight.” Luke 16:15

To have real confidence all people need these issues settled:

1) Identity 2) Security 3) Significance

“Jesus came from Nazareth in Galilee and was baptized by John in the Jordan. As Jesus was coming up out of the water, he saw heaven being torn open and the Spirit descending on him like a dove. And a voice came from heaven: ‘You are my Son, whom I love; with you I am well pleased.’” Mark 1:9-11 (NIV)

How to increase my confidence...

1. Settle who I am.

“And a voice came from heaven: ‘You are my Son...’” Mark 1:11 (NIV)

“Moses, when he grew up, refused to be called the son of Pharaoh’s daughter. He chose to share the oppression of God’s people instead of enjoying the fleeting pleasures of sin.” Hebrews 11:24-25 (NLT)

“What marvelous love the Father has extended to us! Just look at it—we’re called children of God! That’s who we really are.” 1 John 3:1 (MSG)

2. Settle whose I am.

“And a voice came from heaven...whom I love...” Mark 1:11 (NIV)

“No one can serve two masters. For you will hate one and love the other; you will be devoted to one and despise the other.” Matthew 6:24 (NLT)

“Jesus said, ‘Beware! Guard against every kind of greed. Life is not measured by how much you own.’” Luke 12:15 (NLT)

“I give them eternal life, and they will never perish. No one can snatch them away from me...” John 10:28 (NLT)

3. Settle whom I am going to please.

“And a voice came from heaven...I am well pleased...” Mark 1:11 (NIV)

“And this world is fading away, along with everything that people crave. But anyone who does what pleases God will live forever.” 1 John 2:17 (NLT)

“Our purpose is to please God, not people. He alone examines the motives of our hearts.” 1 Thessalonians 2:4 (NLT)

“May the Lord Jesus Christ...inspire you with courage and confidence in every good thing you say or do.” 2 Thessalonians 2:16-17 (PH)